

Bolton's Early Years Integrated Social & Emotional Wellbeing Pathway Overview

Working together, professionals will actively promote positive outcomes for parents/caregivers and child; ensuring access to the right support, at the right time, in the right place. This will be achieved through early identification, assessment, and intervention to support promote positive emotional health and wellbeing in children and parents and carers. This pathway applies to children aged 2 to five years. See the Perinatal and Parent-Infant Mental Health Pathway for those from conception up until a child reaches two years.

Information, advice, guidance and intervention



The Early Years Delivery Model, is underpinned by the 8 Stage Assessment Model; Framework for Action; workforce development initiatives; and aligns with the Thrive Framework, which conceptualises needs of children into five groupings: "Every Child" Thriving; Getting Advice; Getting Help; Getting More Help; Getting Risk Support.

Stage Assessment Model in Bolton		Workforce Development
<p>Stage 1 - Antenatal Contact In pregnancy Public Health Nursing (PHN) Collated information from Midwifery & PHN assessments</p>	<p>Stage 5 – 24 months Public Health Nursing & EY Provider Integrated Review/Information to be shared ASQ3; ASQSE; and EYFS statutory progress check</p>	<ul style="list-style-type: none"> A professional development offer is available for the Early Years Sector at large in line with local needs and priorities coordinated by Bolton Start Well. The pathway is underpinned by training in Early Help & supporting processes, Ages & Stages Questionnaire-SE; Thrive Framework & Early Years Foundation Stage; the Solihull Approach.
<p>Stage 2 – New birth visit 10-14 days Public Health Nursing Newborn Behavioural Observation (NBO)</p>	<p>Stage 6 – On entry to Nursery (universal 3/4-year-old provision) EY Provider/School EYFS Assessment (ASQ3 & ASQSE for targeted use)</p>	
<p>Stage 3 – 2 months Public Health Nursing GAD-7 and PHQ-9 Ages & Stages Questionnaire 3 (ASQ3) & ASQ Social Emotional (ASQSE)</p>	<p>Stage 7 – On entry to Reception in school Public Health Nursing, EY Provider and receiving School Integrated Review/Information to be shared ASQ3 & ASQSE; Individual Health Needs Assessment; and EYFS Assessment</p>	
<p>Stage 4 – 9 months Public Health Nursing ASQ3 & ASQSE</p>	<p>Stage 8 – up to 5 ½ years of age Schools Early Years Foundation Stage Profile within the last term of the EYFS (ASQ3 & ASQSE for targeted use)</p>	
<p>Stage 4b (recommended) – 18 months Start Well or Public Health Nursing To identify need and promote uptake of 2-year-old Early Education & Childcare Offer ASQ3 & ASQSE</p>		


Essential Information

- Further information on the pathway inc. a directory/glossary of services can be found at: www.boltonstartwell.org.uk/homepage/19/bolton-early-years-integrated-pathways
- This document should be read in conjunction with the Bolton **Framework for Action** which can be found at: www.boltonsafeguardingchildren.org.uk

Some interventions appear in multiple "needs based groups", recognising some individuals may require more resource, attention and coordination from those providing services across the locality.


<p>Every Child Thriving:</p>  <p>Framework for Action Level: Universal</p>	<p>Criteria for 'every child thriving': Families who are 'Thriving' will experience the normal ups and downs associated with life. They are engaged with and adequately supported by universal services and when required will access prevention and promotion strategies in relation to parental and infant wellbeing universally available across Bolton.</p>	<p>For those whose current need is support in maintaining their social and emotional wellbeing through effective prevention, this includes access to:</p> <p>Public Health Nursing & Start Well Integrated Offer:</p> <ul style="list-style-type: none"> Healthy Child Programme Solihull Approach and Solihull Parenting Online Start Well digital offer inc. virtual sessions via Bolton Start Well at Home (Facebook) 	<p>Early Ed. & Childcare Offer:</p> <ul style="list-style-type: none"> Funded early education and childcare provision <p>Universal Resources & Signposting (inc):</p> <ul style="list-style-type: none"> Five Ways to Wellbeing Tiny Happy People; Hungry Little Minds; Start4Life, etc
<p>Getting Advice:</p>  <p>Framework for Action Level: Universal</p>	<p>Criteria for 'getting advice': Families who are 'getting advice' have mild or temporary parental mental health concerns/concerns associated with the parent-child relationship/ the child's social & emotional development. In addition, to what is offered universally they may benefit from receiving tailored advice and/or signposting which they can access independently.</p>	<p>Some families may need support to access the 'every child offer' through additional signposting and advice from those already involved.</p> <p>Public Health Nursing & Start Well Integrated Offer:</p> <ul style="list-style-type: none"> Child Health Drop-ins (also known as Well Baby Clinics) Infant Feeding ASQ resources & support ChatHealth Qwell/Kooth – online wellbeing support 	<ul style="list-style-type: none"> Outreach family support based on Solihull Approach <p>Early Ed. & Childcare Offer:</p> <ul style="list-style-type: none"> Brokerage Service <p>Voluntary Sector offer:</p> <ul style="list-style-type: none"> Dad Matters Digital inc. Dad Pad Stay, Play and Learn and Peer Support offer

Getting Help:



Framework for Action Level: **Prevention**

Getting More Help



Framework for Action Level: **Early Help/ Targeted Help**

Risk Support



Framework for Action Level: **Statutory Help**

Holistic Assessment

Early Help is a multi-agency approach, working collaboratively with parents and carers to support the identification of risk and need, and to coordinate an effective and timely response via the Early Help Assessment and Plan.

Criteria for accessing help:

- **Parent/carer concern** in relation to mental health/ parent-child relationship / child's social and emotional development; and/or
- **Professional judgement** based on holistic assessment; and/or;
- Concern highlighted via **WHOOLEY** Questionnaire and **GAD 2**; and/or
- Parent scores above cut-off on **GAD 7** or **PHQ 9** and/or;
- Children who score 'in the grey (monitor zone)' using **ASQ-SE**; and/or
- Child below age related expectation within the **EYFS** in PSED; and/or
- Concern following **SDQ**.

This support is in addition to the 'Every Child' offer. The child and/or family will require targeted, evidence-based interventions with a clear set of jointly agreed goal-based outcomes. Interventions and support includes:

- All practitioners across the early years workforce will support families using the Solihull Approach which aims to increase emotional health and wellbeing.
- Practitioners will provide additional home-based outreach visits (inc. additional 'Listening Visits' offered by Public Health Nursing) based on the Solihull Approach.
- Guided use of Solihull Parenting Online Programme and ASQ resources and activities.
- Use of play-based approaches including Watch Me Play.
- Home-Start Peer Support and Play, Learn and Grow.
- Bolton Toy Library, toy loan, one-to-one and drop-in sessions.
- Start Well Stay, Play and Learn groups.
- Professional consultation for advice/support from the 0-19 Children & Young People's Health & Wellbeing Service – Enhancing Families Team.
- Where the child is accessing early education and childcare, they will receive additional PSED interventions in settings or schools.
- Adult Mental Health prevention offer.

Criteria for accessing more help:

- **Parent/carer concern** in relation to mental health/ parent-infant relationship/child's social & emotional dev.; and/or
- **Professional judgement** based on holistic assessment; and/or;
- Parent scores above cut-off on GAD 7 or PHQ 9 and/or
- Children who score 'black (above the cut off)' using **ASQ-SE**; and/or
- Child has SEMH needs which req. multi-agency response; and/or
- Early Help Assessment & family plan.

Children and families who are 'Getting More Help' are not conceptually different from those 'Getting Help' but will require more extensive, longer term evidence-based intervention due to increased complexity and potential risk factors associated with the parent or child (but **do not** pose immediate danger). They are likely to require a coordinated multi-agency approach to delivering support. Additional services/interventions may include:

- Families invited to engage with the Enhancing Families Service and Start Well Service Early Years Delivery Model Interventions Offer. Offer includes assessment and intervention (inc. Incredible Years, Video Interaction Guidance and Watch Me Play interventions) as appropriate. This may be through group, face to face or telephone contact, if appropriate.
- Continue to provide support via Solihull Approach and Solihull Online Parenting Programme.
- Where children are accessing early education and childcare, they may receive additional support through Inclusion Funding.
- Individual Service Early Help Offer.
- Targeted Early Help Service Offer.
- Team Around the School.
- Substance Misuse Services.
- Adult Mental Health offer.
- Children's Social Care where there are safeguarding concerns.

Criteria for accessing Risk support:

- No reported/observed progress following extensive input as detailed above and risks remain; and/or
- Families presenting with rapid deterioration in presentation/functioning due to acute internal/ external stressors; and/or
- Families who decline support but for whom professionals remain concerned about the level of risk.

Children and families who are requiring 'Risk Support' present with significant concern to practitioners due to parental mental health and/or the parent-child relationship; and/or child at risk from long-term SEND needs, causing the potential for risk to self/others; and/or of significantly poor outcomes. There will be ongoing integrated, multi-agency working with shared responsibility for risk assessment and management in relation to both the parent/child. Services and interventions may include:

- Adult Community Mental Health Team (CMHT).
- All Age Mental Health Liaison Service (AAMHL).
- Home Based Treatment Team (HBTT).
- Adult inpatient ward admission.
- Safeguarding support via Children's and/or Adult Social Care.
- Education, Health and Care needs assessment carried out.
- Specialist professional consultation and liaison via Enhancing Families Service with an emphasis on offering risk management advice as opposed to delivering intervention.
- Liaison with other relevant specialist services including risk-based services within the voluntary sector.