






The THRIVE Framework Groupings

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|  | <p>Every Child Thriving</p> | <p>The majority of children and families in Bolton are classed as 'Thriving'. They do not require individualised advice or support around their communication and language needs but may benefit from accessing prevention and promotion strategies which are accessible for every family. These families are engaged and able to access support themselves with little or no help from Professionals.</p> |
|  | <p>Getting Advice</p> | <p>Children and Families who have mild or temporary difficulties that are managing their own health and do not require goal-based input from practitioners. The families would however benefit from receiving tailored advice and/or signposting to support that can access independently. It is also worth noting that within this group there could be families with more severe difficulties but are choosing to manage their own health with minimal Professional input.</p> |
|  | <p>Getting Help</p> | <p>Bolton families with needs identified in 'Getting Help' would benefit from targeted evidenced-based interventions delivered by Professionals which has a clear focus on an agreed set of goal-based outcomes. The support/interventions will need to ensure there is a clear criteria for assessing whether the outcomes have been achieved. It is important to think about:</p> <ul style="list-style-type: none"> • What a successful outcome would look like for the family • How likely this is to occur by a specific date • What would happen if this was not achieved |
|  | <p>Getting More Help</p> | <p>This grouping is not significantly different from 'Getting Help' in terms of the types of interventions/support offered, however, will require more extensive resource in terms of practitioner input and potentially a coordinated multi-agency approach to delivering support to the child and family.</p> |
|  | <p>Getting Risk Support</p> | <p>This grouping represents a very small proportion of Bolton families who remain within services despite not being able to benefit from the interventions delivered within 'Getting Help' and 'Getting More Help'. Families within this group remain a significant concern and a risk to themselves and/or to others and therefore are unable to be discharged from services despite all interventions explored not being effective.</p> <p>To support these families in Bolton is important to work in a coordinated way with agencies around the child and family via the Practitioners that they most trust to enable risk management to take place.</p> |

Further THRIVE Framework Information

Across the 10 localities in Greater Manchester (GM), a GM i-THRIVE team has been mobilised to support us in embedding THRIVE across our services. The GM i-THRIVE Programme team is hosted by Manchester University NHS Foundation Trust and can be contacted on: gm.thrive@mft.nhs.uk

The GM i-THRIVE team have collated a series of regional and national resources which will support you to understand more about the THRIVE Framework. More information from the GM i-THRIVE team can also be found online by clicking [here](#).

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| THRIVE Framework for System Change (2019) | The most recent national publication of the THRIVE Framework developed by the Anna Freud Centre and Tavistock and Portman NHS FT. |
| GM i-Thrive Description Slides (2019) | A set of slides specific to Greater Manchester which provide an overview of the THRIVE framework. |
| 7 Minute Briefings | A series of one-page overviews which provide a concise overview of the key principles of the THRIVE Framework |
| Verbal overview of the Thrive Model (2016) | An overview of the THRIVE model delivered by author Miranda Wolpert |