

# Communication and Interaction



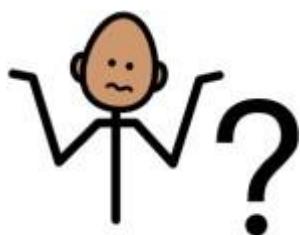
what

Communication and Interaction is a technique based on early interaction abilities.



who

Anybody can apply this technique as long as it is done in pairs. You are communication and interaction partners.



why

Sharing attention with another person.

Turn-taking.

Use and understand eye contact.

Using and understanding facial expressions.

Using and understanding non-verbal communication.

Using and understanding vocalisations.



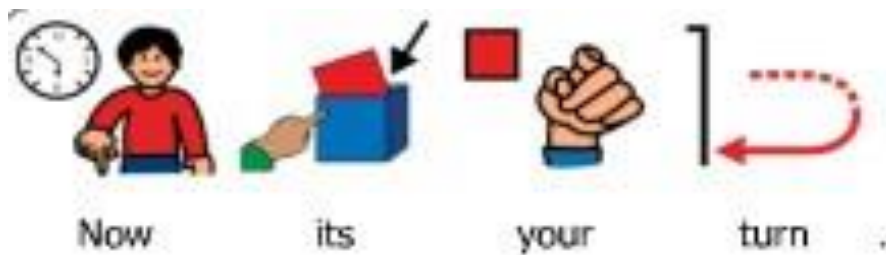
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**Before you start, it would be useful to watch these videos:**

- <https://www.youtube.com/watch?v=Ec08iPWStH8>
- <https://www.youtube.com/watch?v=7k-1FwTBtlc>



**Directions:**

- where possible, find a quiet space to do your communication session
- allow the individual to take the lead
- take time to observe before joining in
- do not intrude into your partners personal space unless they invite you to
- do not try to influence what your partner does
- slowly begin to imitate/copy what your partner does whether it be actions or vocalisations/sounds
- do not copy or mimic any negative behavior /vocalisations

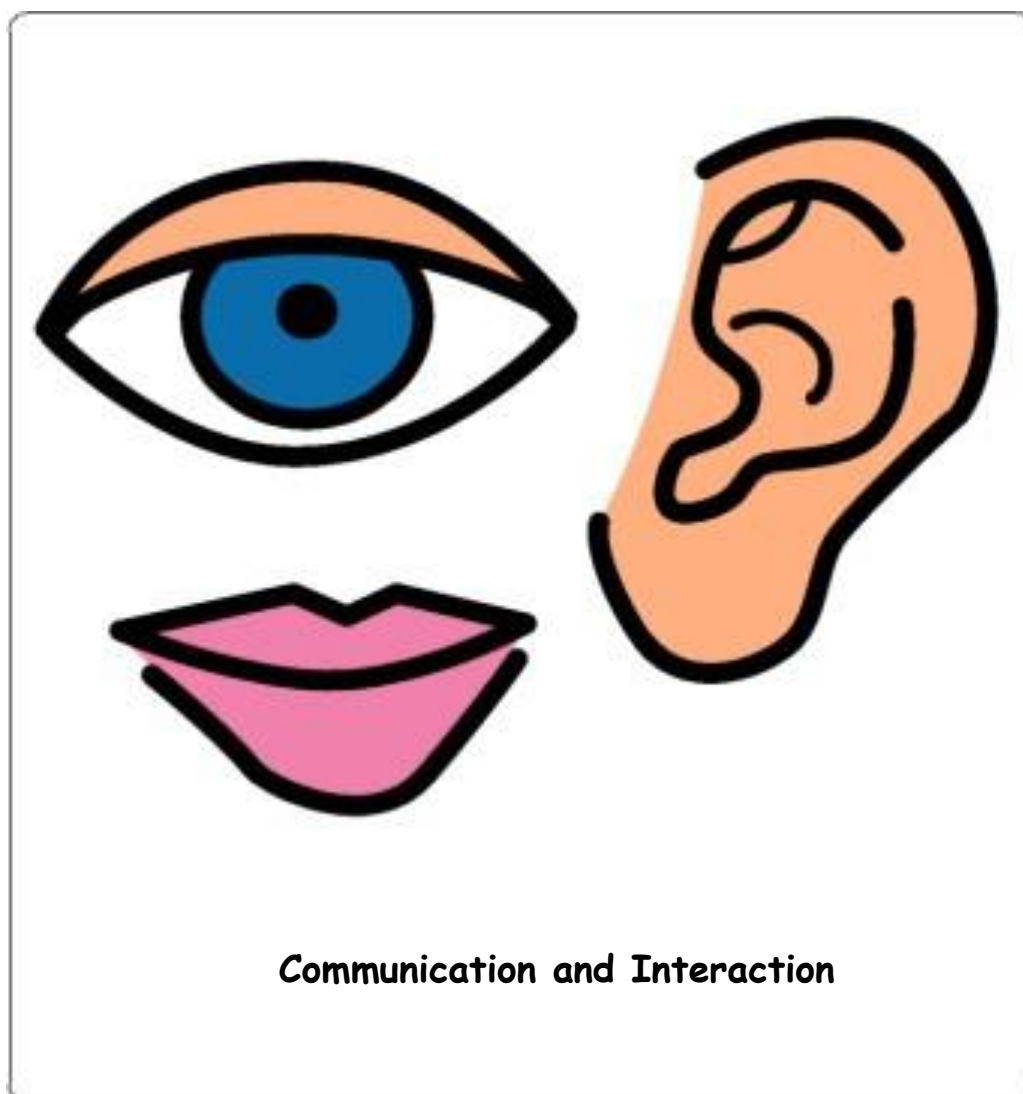
These techniques help to interpret and reinforce communications as meaningful. They also develop relaxed interaction sequences and then reciprocal communication begins to develop if your partner also copies your interactions.



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## More importantly...



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