**Paediatric Learning Disabilities Service Care Pathway for Children and Young People with Learning Disabilities and Additional Health Needs**

Pre Referral

Health, education, social care or other agency staff identify with parent/ carer, Child or young person that further advice, support and interventions are necessary beyond that of current services involved.

Professional working with family collects information needed for referral and makes referral using early help form - Obtaining consent for referral from parent/ guardian and young person if appropriate.

Support continues for child and family from Health, education social care or other agency as appropriate.

Referral Received

Discharge letter sent to referring agent

Agree action plan with parent/ care and young person if appropriate or discharge

Initial assessment appointment offered and completed within 6 weeks of receipt of referral

Contact referrer for more information.

Maybe – Unclear referral

More information needed from referrer

Reason for not accepting referral explained by letter to referring agent

Yes – Appropriate referral

No - Inappropriate referral

Client discussed at weekly referral meeting. Is criteria met?

6 weeks

Referral reviewed at allocation meeting to access pathway for relevant area of the PLDS. Letter sent to the referring agent and GP outlining initial assessment findings and recommendations.

Referral Allocation Meeting

See individual group pathways

**Community based groups**

Pre- School

Early Bird

Siblings Support group

Triple P Stepping Stones

Healthy Lifestyles

Puberty and growing up

Looking after yourselves

Initial Assessment information reviewed and case allocated to appropriate PDLS area

**PDLS Short term or Intensive support team**

**Goals Agreed**

Allocated community nurse meets with Parent / Carer and offers goal defining / setting appointment.

**Assessment**

Community nurse and family complete collaborative assessment of needs within 18 weeks of referral date received by service. This may cover a single or multiple areas of defined need.

12 weeks

**Formulation**

A formulation to help understand the presenting problems and guide interventions is made by the community nurse in collaboration with child and family

**Intervention**

Intervention may be with the parent/carer, child / young person and or with wider support systems.

Interventions may include advice and support in the following areas

* Behaviour difficulties – Challenging behaviour,
* Sleep,
* Continence and Toilet Training,
* Eating difficulties,
* Independence promotion – developing self help skills.
* Supporting access to other health care services
* Puberty and associated issues
* Co ordination, Understanding and management of a health care need

Review 6-8 weekly

**Outcome Measures**

Community Nurse will review goals with Child and family. Has intervention been effective?

Adapt Intervention

Review assessment needs and formulation

**No**

Discharge from PLDS

**Yes**