**Paediatric Learning Disability Service**

Information for parents / carers of children and young people

**What is the Paediatric Learning Disabilities Service?**

We are a team of Registered Learning Disabilities Nurses and Health Care Assistants employed by Bolton NHS Foundation Trust.

The team have specialist knowledge and skills relating to children and young people who have Learning Disabilities or global developmental delay and associated health conditions.

The team provide assessment, support and advice, on a variety of issues. A Learning Disability Nurse will assess your child’s needs and work with you to identify an intervention plan to support your child’s needs.

Learning Disability Nurses usually work as part of the multidisciplinary team. Intervention plans often involve other people with whom your child has a close relationship, e.g. family, carers or teachers.

**Who can access the service?**

Children and young people aged 0 -18 (19 if in Special Education) who have a learning disability and an additional health need.

**Where will I access the service?**

Depending on your child / young person’s need’s they may be seen at a local clinic at his / her home or in a nursery or school setting.

**Learning Disability Nurses can offer advice and intervention with:**

* Behaviour difficulties – Challenging behaviour
* Sleep
* Continence and toilet training
* Eating Difficulties
* Independence promotion – developing self help skills
* Access to health care
* Health care coordination for children with complex needs
* Menstruation concerns
* Issues relating to puberty, adolescence
* Understanding and management of a health care issue

**We also offer group sessions in the following areas for children / young people and their families:**

Pre- School Parent and Child programme – For parents and children aged 2-4 years, providing advice and support to promote healthy lifestyles and development of self help skills.

Early Bird Parent Programme – For parents of a pre school child who has received a diagnosis of Autism

Siblings Group – Supporting children and young people understand their sibling’s disability.

Triple P Stepping stones - Positive Parenting Programme

Healthy Lifestyles - Looking after yourself

Puberty and growing up

**Referral:**

We accept referrals from all agencies. Parents and carers can request a referral through their GP, Social Worker or other professionals involved in your child/young person’s care.

**For more information please contact the team at:**

Paediatric Learning Disability Service

Pikes Lane Centre

Deane Rd

Bolton

BL3 5HP

Tel: 01204 463660