

Communication and Language Top Tips

A or B

Offer choices as often as possible throughout the day.
Show and name alternatives.



For example, "Apple or
Banana?"

Choices at mealtimes



1. Show milk and water.
2. Ask "Do you want milk or water?"
3. Ask "Can you pour the drink, or shall I pour it?"

Scan the QR code or click the link to watch the video: [Yum yum breakfast - making food choices - BBC Tiny Happy People](#)

Choices at play time



1. Show 2 toys.
2. Ask "Do you want the ball or the car?"

Scan the QR code or click the link to watch the video: [Top Tips - Giving Your Child Choices \(youtube.com\)](#)

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Did you know...

The benefits of offering choices gives children:

- A sense of achievement.
- Power and control over what they do.
- New words to extend their vocabulary.
- Increased independence and confidence.
- A purpose to communicate.
- A chance to let you know what they like.
- The skills to reduce frustration for them and you.

Play Shop



1. Collect objects from around your home
2. Show two objects
3. Ask “*Do you want the toothbrush or soap.*”

Scan the QR code or click the link to watch the video [The Benefits of Playing Shop with Toddlers & Children - BBC Tiny Happy People](#)



Use real objects when offering choices. Remember to name the objects, this helps build children’s vocabulary.

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