

Communication and Language Top Tips

Actions Speak Louder than Words

Use actions, facial expressions, and tone of voice to help children understand and make new words stand out.



Mime having a drink from a cup to your child for 'drink' whilst saying, "you want a drink?"

Sing songs with actions



- The wheels on the bus.
- Row, row, row your boat.
- Heads, shoulders, knees, and toes.

Scan the QR code or click the link to see the video: [Nursery rhymes with actions: Benefits of songs with actions - BBC Tiny Happy People](#)

Use actions at mealtimes



- Say "Pour" as you pour a drink.
- Say "Cut" as you cut up food.
- Say "Wash hands" as you clean their hands.

Scan the QR code or click the link to see the video: [Play ideas for baby's lunch - BBC Tiny Happy People](#)

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Did you know...



Actions help children connect the things they see and do with the words you say.

Babies and children use clues from objects around them to help them understand your words and their routine.

First, children learn to anticipate their everyday routines. For example, a 'baby bib' would offer a clue that it's dinner time.

The more words you say with their actions, the faster your child will make the connection between a word and its action.

Go out for a walk



- Spot the way your child shows they are interested in something.
- Talk to them about what has their attention.

Scan the QR code or click the link to see the video: [Turn a walk into a learning experience - BBC Tiny Happy People](#)

Find out more about...



- Using actions with your words

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