

## Communication and Language Top Tips

### Eye to Eye

Get down on your child's level so you can see their face and they see yours.



Sit on the floor with your child or sit your child on your knee.



### Be face-to-face



- Play peek-a-boo
- Sing songs
- Chat together

Scan the QR code or click the link to watch the video: [Help Your Toddler Talk - Tip 1 - YouTube](#)

### Face-to-face chat and play



- Face-to-face chat and play is a great way for babies to start to learn from birth

Scan the QR code or click the link to watch the video: [How does eye contact benefit newborn babies? - BBC Tiny Happy People](#)

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## Did you know...

Your baby learns so much from your face! When you play games like 'peek-a-boo', sing songs together or make silly noises, your baby is constantly learning new words and sounds.

Being face to face with your child is an important building block for their communication – and it helps you to understand what they are telling you before they can talk

By talking about what you and your child are looking at, they're more likely to connect your words with the things they see.

## Building Towers



- Get down to their level and make eye contact as you play
- Use building blocks or cardboard boxes to make a tower
- Count backwards 10, 9, 8...

Scan the QR code or click the link to watch the video: [Activity ideas for building blocks with kids - BBC Tiny Happy People](#)

## Nappy time



- Get down to their level and make eye contact as you chat to keep them engaged
- Blow raspberries
- Sing Nursery Rhymes

Scan the QR code or click the link to watch the video: [Changing newborns' nappies: Chatting during nappy changes - BBC Tiny](#)

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